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## Coronavirus – What You Need to Know

We are doing everything within our power to stay apprised of the current situation with the 2019 Novel Coronavirus (COVID-19) here at St. Luke's. In addition to placing more hand sanitizer around campus, we want to share the following information with you.

The 2019 Novel Coronavirus (COVID-19) has spread internationally, impacting an increasing number of countries. While immediate risk to the American public is believed to be low at this time, imported cases of coronavirus have been detected in the United States and also in our area.

This virus is thought to spread mainly from person to person.

- 1) Between people who are in close contact with one another (within 6 feet)
- 2) Through respiratory droplets produced when an infected person coughs or sneezes.

Symptoms may appear 2-14 days after exposure, which include fever, cough, and shortness of breath.

### How Can I Protect Myself?

- 1) Avoid close contact with sick people.
- 2) Avoid touching your nose, mouth and eyes with unwashed hands.
- 3) Wash your hands often with soap and water for at least 20 seconds (Or alcohol-based hand rub).
- 4) Cover your nose and mouth when you sneeze. (Preferably use a tissue or sneeze/cough into your elbow) Germs spread this way.
- 5) Clean and disinfect surfaces and objects that are commonly used.
- 6) While sick, limit contact with others as much as possible. Your child needs to be symptom free for 24 hours before returning to class.

These are the appropriate and responsible practices under any circumstance during the annual cold and flu seasons. In the meantime, we remain vigilant in our practices to do all we can to minimize the spread of germs in our buildings and promote responsible practices to protect the health and well-being of staff and students. Your support and participation in these efforts to protect and preserve a safe and healthy environment on our campus is greatly appreciated.